# Intramural Sports Participant Handbook

Student Recreation & Wellness Intra640&l Sports www.radford.edu/recreation

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## **General Rules Everyone Needs to Know**

- 1. No Radford University One Card, no participation.
- 2. Game time is forfeit time.
- 3. Maintain professionalism and respectfulness during competition

## **Radford University Intramural Sports Vision**

The vision of the intramural sports program at Radford University is to provide students with a variety of recreational opportunities that allow them to become engaged in healthy competition while developing and maintaining character, integrity, and sportsmanship.

## **Purpose of the Handbook**

This handbook is designed by the Intramural Program to serve as an informative and procedural reference for persons involved or interested in participating in intramurals. It is the responsibility of those who participate to be knowledgeable of the information contained in this booklet. The regulations and guidelines contained within this document provide the basis upon which reasonable decisions, regarding the conduct of participants,

Recreation.

## Need A Team?

Anybody having trouble finding a team may come to the Intramural Sports Office in the Student Recreation and Wellness Center or sign up as a "free agent" on the Fusion play app. Teams may add free agents, or a new team may form from this list, numbers permitting. We encourage individuals to contact team captains and attend captains' meetings to be placed on a team. If you are unable to find a team after being registered as a free agent, please contact the Intramural Office.

### POLICIES AND PROCEDURES

#### <u>Attire</u>

Proper attire should be worn for each activity. For your protection and that of other participants, NO JEWELRY or non-appropriate headwear are allowed in any Intramural Competition. Persons wearing casts or wrapped/padded appendages will not be allowed to participate. Individuals must obtain prior approval from the Asst. Director of Intramural Sports for the use of orthopedic devices essential to protect an injury. Intramural activities require footwear to be worn, unless otherwise noted. Indoor activities forbid turf shoes, black-soled shoes, shoes with waffle bottoms or protrusions coming from the sides, and shoes suspected of marking the floor. Outdoor activities require only rubber-molded cleats or tennis shoes. Absolutely NO metal or screw-in spikes, work boots, and flip-flop style shoes (sandals or crocs) are allowed.

#### <u>Regular Season</u>

Schedules for regular season play will be based on the number of teams entered, the number of fields/courts available, and the times they are available. Schedules will be in round robin format unless otherwise noted. The Intramural Office **DOES NOT** reschedule regular season or post-season tournament games once the schedule has been po

#### <u>Playoffs</u>

Teams advancing to playoffs will vary by sport and number of teams participating. The Asst. Director of Intramural Sports makes all decisions about who will advance to the playoffs. For teams to be eligible for the playoffs they must maintain at least a 3.0 average in the Sportsmanship Rating System.

#### <u>Injuries</u>

All participation in Intramurals is completely voluntary. Individuals participate at their own risk and assume responsibility for their own health and safety. It is the responsibility of every participant to ascertain whether they have any health conditions that make it inadvisable to participate in that sport. The Student Recreation & Wellness Dept. strongly recommends that each participant have adequate medical insurance before participating. Any injured person must notify the intramural supervisor for assistance.

#### Alcohol and Drug Policy

Individuals and teams who arrive intoxicated, suspected of consumption, or possessing alcohol or other substances will NOT be permitted to play. The game will immediately be forfeited, and individuals reported to Asst. Director of Intramural Sports. Radford University and the Department of Student Recreation & Wellness will not tolerate such behavior and will prioritize the safety of all participants.

#### **Blood Policy**

Participants will be removed from competition if they are bleeding or are wearing blood-stained clothing. The blood may or may not be their own. The participant is ineligible to re-enter the contest until the stained clothing has been replaced, all bleeding has stopped, and any open wound has been covered. Intramural Sports suggests that everyone bring a change of clothes.

#### Lightning/ Inclement Weather Policy

In the event of threatening or inclement weather a Student Recreation & Wellness staff member will inform the participants and spectators either through the public address system or any other means available of impending severe weather.

## The following plan will be in effect for all Student Recreation & Wellness events and Club Sport practices held in SRWC facilities:

Depending on the event being played, a staff member will monitor the weather using the Perry Weather monitoring system.

If lightning is seen during the first half of a game, then the Intramural Supervisor on site will immediately stop the game and the game will count as a cancellation. If lightning is seen during the second half of a game, then the Intramural Supervisor on site will immediately stop the game and whoever is winning at the time the game is stopped will be clarified as the winner. The only exception:

The game may resume in 30 minutes if lightning is not seen again. Every time lightning flashes and is seen by the Intramural Supervisor, the 30-minute time frame restarts.

What to do if you can't get to a safe location:

Find a dry ditch or a large grouping of shrubs and small trees. Find these areas and take shelter.Make your body as small as possible minimizing surface area for lightning strike.Crouch on the balls of your feet, DO NOT lie flat on the ground.Stay away from isolated small trees and large metal objects such as flagpoles and light poles.Stay away from any other metal objects such as bleachers and metal fences.Don't stand in an open field.Stay away from standing bodies of water such as a pool, lake, or pond.

Possible Sensations that a lightning strike may be eminent (assume a crouched position):

Hair standing on end Skin tingling A crackling sensation

#### <u>Eligibility</u>

All Radford University students, both full-time and part-time

account for each participation date, with the

player eligibility or a misapplication or misinterpretation of a sport rule. A protest based on the judgment of an Intramural Sports Official is invalid. An official Protest Form must be completed with the Intramural Sports Supervisor on duty for the protest to receive further consideration.

- II. Player Eligibility Protests
  - Opponents must verbally make the Intramural Sports Staff (Official or Supervisor) and suspected ineligible player aware of an eligibility protest BEFORE the contest is complete.
- III. Game Protests
  - Protests must be made during the contest at the time of the incident by the team captain/manager to the game official and/or the sport supervisor

#### <u>Forfeit</u>

Game time is forfeit time! Teams are strongly encouraged to arrive 15 minutes early for their games. Any game whose outcome is declared a forfeit will result in a loss being credited to the forfeiting team. A forfeit will be declared under the following conditions:

A team cannot field the required number of eligible players by the designated game time. A violation of any rule as stated in the Intramural Sports Code of Conduct.

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After a team's first forfeit,

Penalty: The team is ineligible to participate in that sport until reinstated by the Intramural Sports Office. The Team Captain must meet with the Assistant Director or his/her designee before the If this does not occur, the team will be removed from the league. Teams that receive two unacceptable ratings during the same sport season will be removed from the league. During the playoffs/tournaments, a winning team who receives an unacceptable rating may be dropped from the remainder of the event upon the discretion of the Assistant Director of Intramural Sports.

The supervisor may intervene to stop playing at any time. Actions such as disorderly conduct, abusive language and fighting can lead to a supervisor terminating the contest, resulting in a forfeit for that team, or removing a player from the game and asking him/her to leave the facility.

#### Sanctioning of Teams and Organizations

The Assistant Director of Intramural Sports, based upon the actions of an individual

league suspension/semester probationUnsportsmanlike Conduct: 1 game suspension/probation TBDleague suspension/semester probationFalse ID: league suspension semester suspension & judicial chargesIllegal player: league suspension (team) semester suspension (team)Violate probation: semester suspension year suspension

\*TBD = to be determined based on severity of behavior

\*1 Game suspension = removed from current game + 1 game suspension

#### <u>Definitions</u>

Abusive language- any language from a participant or spectator deemed offensive or derogatory by an official, or supervisor, not necessarily "swear words."

Attempting to incite a fight/ conflict- baiting, teasing, threatening, or intentionally provoking the anger of an opponent, spectator, official, score keeper, or supervisor. These actions may or may not instigate a fight/conflict.

Physical abuse- any physical contact by a participant or spectator towards another participant, spectator, official, score keeper, or supervisor that is deemed inappropriate. This can range from a "bump" to an actual "punch". Any thrown object constitutes physical abuse. (Note all thrown punches and objects are assumed to have intent to injure.)

Not playing within the spirit of the rules- any behavior deemed inappropriate for the sport that is being played. These actions may or may not be Unsportsmanlike (making a travesty of the game)

Unnecessary roughness- actions that are considered threatening to the safety to the participants. These actions are not accepted as part of the "normal" activity of the game.

Unsportsmanlike conduct- behavior by a participant or spectator deemed inappropriate by an official or supervisor, actions are not always physical and do not necessarily involve abusive language.

Using false identification- participants claiming an identity other than their own. This may include using a false ID, recording a false name on a score sheet, or verbally informing an official/supervisor that they are someone else.

Using illegal players- a team that has a player that is currently suspended from intramural sports or has a player that has already been established on another roster within the same sport league, a person not listed on the team's current roster, or a player that has no affiliation with the university.

Violation of probation- any action taken by a person, team, or organization currently on

probation that requires an appearance before the Disciplinary Board before their probation has ended.

#### **Appeals**

All decisions made by the Asst. Director of Intramural Sports may be appealed to the Director of Student Recreation & Wellness and potentially forwarded to the Associate VP of Student Life. Information on appealing the case will be given to the defendant at the initial hearing.